

# OREGON TECH TRACK AND FIELD TOP-10 LIST

## MEN'S ALL-TIME RECORDS

### 100-METERS

|               |       |      |
|---------------|-------|------|
| Donnie Pate   | 10.80 | 2018 |
| Rob Brown     | 10.84 | 1959 |
| Travis Thomas | 10.89 | 2018 |
| Jake Ovgard   | 10.91 | 2014 |
| Andy Tatman   | 10.97 | 2003 |
| Jguwon Hogges | 10.99 | 2007 |
| Angel Valdez  | 11.07 | 2021 |
| Chris Therial | 11.08 | 1999 |
| Rey Chavolla  | 11.13 | 2010 |
| Mark Hodge    | 11.13 | 2021 |

### 200-METERS

|                    |       |      |
|--------------------|-------|------|
| Travis Thomas      | 21.34 | 2018 |
| Jguwon Hogges      | 21.77 | 2007 |
| Donnie Pate        | 21.78 | 2018 |
| Paul Ogawa         | 21.83 | 2001 |
| Rey Chavolla       | 22.24 | 2011 |
| Angel Valdez       | 22.24 | 2018 |
| Aaron Browne-Moore | 22.44 | 2015 |
| Josiah Stroup      | 22.49 | 2018 |
| Dan Martin         | 22.57 | 2005 |
| Matt Ehrenstrom    | 22.58 | 2001 |

### 400-METERS

|                 |       |      |
|-----------------|-------|------|
| Jguwon Hogges   | 48.08 | 2008 |
| Travis Thomas   | 48.33 | 2018 |
| Angel Valdez    | 48.50 | 2021 |
| Paul Ogawa      | 49.14 | 2001 |
| Dan Martin      | 49.17 | 2005 |
| Kyle Gomez      | 49.44 | 2011 |
| Josiah Stroup   | 49.56 | 2018 |
| Louie Pike      | 49.94 | 1972 |
| Kyle Raecke     | 49.99 | 2015 |
| Mark-Lee Joseph | 50.04 | 2016 |

### 800-METERS

|                 |         |      |
|-----------------|---------|------|
| Bill Leighty    | 1:50.78 | 1999 |
| Kevin Jorgenson | 1:52.18 | 2011 |
| Ricky Garcia    | 1:52.98 | 2017 |
| Justin Nakamura | 1:54.76 | 1998 |
| Paul Wyatt      | 1:55.02 | 2018 |
| Connor Devereux | 1:55.80 | 2015 |
| Chris Ramirez   | 1:55.88 | 2019 |
| Ed Ronnigan     | 1:56.00 | 1997 |
| Seth Hernandez  | 1:56.41 | 2010 |
| Miles Taylor    | 1:56.58 | 2014 |

## WOMEN'S ALL-TIME RECORDS

### 100-METERS

|                  |       |      |
|------------------|-------|------|
| Margaret Paul    | 11.98 | 2017 |
| Amber Von Essen  | 12.18 | 2018 |
| Kelsi Haylett    | 12.22 | 2006 |
| Heather Werth    | 12.54 | 2000 |
| Heather Radke    | 12.63 | 2003 |
| Gifty Nkansah    | 12.68 | 2021 |
| Samantha Gilbert | 12.72 | 2005 |
| Emilee Nahring   | 12.72 | 2010 |
| Bobbie Purify    | 12.76 | 2017 |
| LaShell Larman   | 12.78 | 2009 |

### 200-METERS

|                 |       |      |
|-----------------|-------|------|
| Amber Von Essen | 25.36 | 2018 |
| Kelsi Haylett   | 25.90 | 2006 |
| Heather Werth   | 26.11 | 2000 |
| Emilee Nehring  | 26.16 | 2010 |
| Margaret Paul   | 26.28 | 2017 |
| LaShell Larman  | 26.38 | 2008 |
| Heather Radke   | 26.39 | 2003 |
| Lily Lavine     | 26.45 | 2021 |
| Susie Garza     | 26.46 | 2018 |
| Gifty Nkansah   | 26.46 | 2021 |

### 400-METERS

|                 |         |      |
|-----------------|---------|------|
| Amber Von Essen | 57.08   | 2018 |
| Susie Garza     | 58.28   | 2015 |
| Lily Lavine     | 58.91   | 2022 |
| Eva Brady       | 59.68   | 2023 |
| Sarah Cook      | 1:00.00 | 1999 |
| Mindy McGrath   | 1:00.29 | 2000 |
| Katie Waugh     | 1:00.73 | 2013 |
| Lori Barrett    | 1:01.02 | 2008 |
| Kaela Ash       | 1:01.11 | 2009 |
| Lily Everson    | 1:01.41 | 2023 |

### 800-METERS

|                    |         |      |
|--------------------|---------|------|
| Susie Garza        | 2:13.52 | 2018 |
| Danielle De Castro | 2:14.04 | 2019 |
| Katie Waugh        | 2:14.60 | 2013 |
| Mindy McGrath      | 2:16.37 | 2000 |
| Mary Matchett      | 2:16.99 | 2015 |
| Andrea Nations     | 2:19.40 | 2005 |
| Delani Dietrich    | 2:20.57 | 2019 |
| Eva Brady          | 2:20.58 | 2024 |
| Rachel Novak       | 2:21.11 | 2010 |
| Cindy Reed         | 2:21.73 | 2016 |

# OREGON TECH TRACK AND FIELD TOP-10 LIST

## MEN'S ALL-TIME RECORDS

### 1,500-METERS

|                 |         |      |
|-----------------|---------|------|
| Kevin Jorgenson | 3:50.41 | 2011 |
| Paul Adams      | 3:54.65 | 2013 |
| Dakotah Webb    | 3:56.08 | 2015 |
| Jack Roberts    | 3:57.39 | 2017 |
| Paul Wyatt      | 3:58.19 | 2019 |
| Brett Long      | 3:58.32 | 2000 |
| Perry Custance  | 3:59.87 | 2001 |
| Ed Ronnigan     | 4:03.10 | 1997 |
| Chris Ramirez   | 4:03.17 | 2019 |
| Mark French     | 4:03.25 | 2017 |

### 3,000-METERS

|               |         |      |
|---------------|---------|------|
| Ben Schulz    | 8:43.64 | 2015 |
| Paul Adams    | 8:49.68 | 2014 |
| Scott Minor   | 8:49.90 | 2012 |
| Kirby Garlitz | 9:02.25 | 2014 |
| Jack Roberts  | 9:02.66 | 2014 |
| Zach Hammond  | 9:03.07 | 2015 |
| Dakotah Webb  | 9:08.75 | 2014 |
| Ryan Pierce   | 9:15.75 | 2015 |
| Hank Bingham  | 9:25.39 | 2015 |
| Tim McPherson | 9:29.95 | 2016 |

### 5,000-METERS

|                |          |      |
|----------------|----------|------|
| Mark French    | 14:25.82 | 2021 |
| Chris Ramirez  | 14:40.75 | 2021 |
| Paul Adams     | 14:44.38 | 2014 |
| Nick McMillen  | 14:49.31 | 2022 |
| Jonas Hartline | 14:49.54 | 2023 |
| Jack Roberts   | 14:56.42 | 2018 |
| Brett Long     | 15:06.00 | 2000 |
| Perry Custance | 15:11.00 | 2002 |
| Ben Schulz     | 15:11.47 | 2015 |
| Tychon Preston | 15:19.91 | 2024 |

### 10,000-METERS

|                 |          |      |
|-----------------|----------|------|
| Mark French     | 30:40.48 | 2021 |
| Nick McMillen   | 30:52.62 | 2022 |
| Jonas Hartline  | 30:59.51 | 2022 |
| Scott Minor     | 31:24.51 | 2013 |
| Korey Humbeston | 31:57.22 | 2008 |
| Ben Schulz      | 32:14.28 | 2017 |
| Jack Roberts    | 32:18.98 | 2017 |
| Kirby Garlitz   | 32:54.25 | 2014 |
| Jed Tolbert     | 32:57.76 | 2011 |
| Victor Rios     | 32:57.88 | 2019 |

## WOMEN'S ALL-TIME RECORDS

### 1,500-METERS

|                    |         |      |
|--------------------|---------|------|
| Danielle De Castro | 4:27.52 | 2019 |
| Susie Garza        | 4:37.42 | 2015 |
| Cindy Reed         | 4:41.50 | 2019 |
| Mary Matchett      | 4:41.83 | 2015 |
| Ashley Baldovino   | 4:48.23 | 2013 |
| Rachel Novak       | 4:49.71 | 2010 |
| Amy Bricco         | 4:50.01 | 2004 |
| Elissa Stoltz      | 4:50.17 | 2015 |
| Jordan Monroe      | 4:51.69 | 2017 |
| Samantha Lindauer  | 4:54.57 | 2014 |

### 3,000-METERS

|                    |          |      |
|--------------------|----------|------|
| Mary Matchett      | 10:21.95 | 2015 |
| Danielle De Castro | 10:24.74 | 2016 |
| Amy Bricco         | 10:25.95 | 2004 |
| Sarah Howard       | 10:30.83 | 2015 |
| Elissa Stoltz      | 10:43.46 | 2015 |
| Brandee Shoemaker  | 10:51.00 | 2000 |
| Rhonda Costin      | 10:51.40 | 2015 |
| Hannah Mason       | 10:56.19 | 2019 |
| Megan Czerny       | 11:03.18 | 2007 |
| Samantha Lindauer  | 11:21.95 | 2014 |

### 5,000-METERS

|                    |          |      |
|--------------------|----------|------|
| Cindy Reed         | 17:07.61 | 2019 |
| Susie Garza        | 17:09.41 | 2019 |
| Danielle De Castro | 17:15.24 | 2019 |
| Mary Matchett      | 17:40.76 | 2015 |
| Amy Bricco         | 18:07.70 | 2004 |
| Sarah Howard       | 18:08.05 | 2015 |
| Faith Widman       | 18:12.00 | 2019 |
| Jordan Monroe      | 18:12.60 | 2017 |
| Elissa Stoltz      | 18:13.65 | 2015 |
| Megan Czerny       | 18:28.00 | 2006 |

### 10,000-METERS

|                 |          |      |
|-----------------|----------|------|
| Cindy Reed      | 36:12.35 | 2019 |
| Amy Bricco      | 38:18.85 | 2005 |
| Annika Anderson | 38:54.75 | 2019 |
| Faith Widman    | 39:17.24 | 2019 |
| Megan Czerny    | 39:34.28 | 2007 |
| Mallory Ward    | 39:46.81 | 2019 |
| Rhonda Costin   | 40:33.07 | 2016 |
| Anna Lambdin    | 41:03.48 | 2008 |
| Sara Howard     | 41:41.53 | 2015 |
| Kayla Parson    | 42:40.56 | 2014 |

# OREGON TECH TRACK AND FIELD TOP-10 LIST

## MEN'S ALL-TIME RECORDS

### 110-METER HURDLES

|                 |       |      |
|-----------------|-------|------|
| Seth Gretz      | 14.77 | 2016 |
| Scott Toll      | 14.94 | 1977 |
| Caleb Buchanan  | 15.02 | 1997 |
| Daniel Brattain | 15.02 | 2015 |
| Nick Best       | 15.11 | 2006 |
| Chris Bird      | 15.14 | 1999 |
| Bryant Sentman  | 15.60 | 2011 |
| Kyle Raecke     | 15.61 | 2015 |
| Anthony Padilla | 15.66 | 2014 |
| Jacob Murray    | 15.78 | 2014 |

### 400-METER HURDLES

|                |       |      |
|----------------|-------|------|
| Travis Thomas  | 52.54 | 2018 |
| Kyle Raecke    | 53.70 | 2015 |
| Chris Bird     | 53.74 | 1999 |
| Steve Vetter   | 54.44 | 1969 |
| Will Farmer    | 55.59 | 1997 |
| Angel Valdez   | 55.91 | 2019 |
| Adam Allen     | 56.12 | 2013 |
| Nick Best      | 56.51 | 2006 |
| Jacob Murray   | 56.53 | 2012 |
| Caleb Buchanan | 56.91 | 1998 |

### 3,000-METER STEEPLECHASE

|                  |         |      |
|------------------|---------|------|
| Brett Long       | 9:06.20 | 2000 |
| Perry Custance   | 9:11.74 | 2003 |
| Joseph Wilkinson | 9:26.84 | 2023 |
| Braedan Doherty  | 9:36.68 | 2024 |
| Jonas Hartline   | 9:39.08 | 2023 |
| Tucker Piper     | 9:40.84 | 2024 |
| Jimmy Addison    | 9:42.60 | 2005 |
| Zach Hammond     | 9:45.96 | 2015 |
| Tim McPhearson   | 9:46.55 | 2017 |
| Shawn Miller     | 9:58.58 | 2008 |

### HALF MARATHON

|                |            |      |
|----------------|------------|------|
| Scott Minor    | 1:11:23.00 | 2014 |
| Kirby Garlitz  | 1:11:38.00 | 2014 |
| Paul Adams     | 1:12:05.00 | 2013 |
| Arne Carey     | 1:13:14.00 | 1997 |
| Aaron Miller   | 1:17:24.00 | 2001 |
| Adrian Mateos  | 1:18:38.00 | 2007 |
| Devin Payne    | 1:19:28.00 | 2007 |
| Caleb Kauffman | 1:21:49.00 | 2016 |

### MARATHON

|               |            |      |
|---------------|------------|------|
| Kirby Garlitz | 2:39:22.90 | 2013 |
| Scott Minor   | 3:01:41.00 | 2012 |

## WOMEN'S ALL-TIME RECORDS

### 100-METER HURDLES

|                  |       |      |
|------------------|-------|------|
| Nikki Smith      | 14.55 | 2008 |
| Samantha Gilbert | 14.72 | 2005 |
| Kara Wood        | 14.72 | 2016 |
| Ally Odell       | 15.33 | 2024 |
| Michelle Klaja   | 15.52 | 2008 |
| Amber Von Essen  | 15.55 | 2017 |
| Kelsi Haylett    | 15.58 | 2006 |
| Tina Ogburn      | 15.64 | 2001 |
| Mandy Samudio    | 15.65 | 1999 |
| Macy Campbell    | 15.80 | 2002 |

### 400-METER HURDLES

|                  |         |      |
|------------------|---------|------|
| Krystal Lonien   | 1:04.05 | 2006 |
| Amber Von Essen  | 1:04.30 | 2017 |
| Nikki Smith      | 1:04.61 | 2008 |
| Kari Sundblad    | 1:05.85 | 1999 |
| Samantha Gilbert | 1:06.05 | 2005 |
| Mindy McGrath    | 1:06.56 | 2000 |
| Lily Everson     | 1:06.71 | 2024 |
| Stacy Lambert    | 1:07.52 | 2001 |
| Brittini Rogers  | 1:08.00 | 2013 |
| Grace Smith      | 1:08.69 | 2015 |

### 3,000-METER STEEPLECHASE

|                  |          |      |
|------------------|----------|------|
| Elissa Stoltz    | 11:17.72 | 2015 |
| Cindy Reed       | 11:21.34 | 2019 |
| Sara Howard      | 11:23.23 | 2015 |
| Annika Anderson  | 11:24.45 | 2019 |
| Megan Czerny     | 11:44.85 | 2007 |
| Mallory Swan     | 11:48.30 | 2004 |
| Luci Boyle       | 11:52.50 | 2005 |
| Janessa Hoppe    | 11:53.24 | 2007 |
| Jane Kuebrich    | 11:54.27 | 2024 |
| Corinne Childers | 12:04.62 | 2024 |

### HALF MARATHON

|               |            |      |
|---------------|------------|------|
| Rhonda Costin | 1:29:56.00 | 2016 |
| Sara Howard   | 1:33:45.00 | 2014 |
| Kayla Parsons | 1:36:37.00 | 2014 |

### MARATHON

|              |            |      |
|--------------|------------|------|
| Amy Bricco   | 3:13:56.00 | 2006 |
| Megan Czerny | 3:17:05.00 | 2007 |

# OREGON TECH TRACK AND FIELD TOP-10 LIST

## MEN'S ALL-TIME RECORDS

### 4x100-METER RELAY

|                                       |       |      |
|---------------------------------------|-------|------|
| Stroup, Pate,<br>Valdez, Hodge        | 41.96 | 2019 |
| Stroup, Pate,<br>Valdez, Thomas       | 42.09 | 2018 |
| Sanchez, Stevens                      | 42.64 | 2024 |
| Wyman, Lien                           |       |      |
| Sizer, Nelson,<br>Weeks, Ogawa        | 42.71 | 2000 |
| Howard, Sentman,<br>Gomez, Chavolla   | 42.72 | 2011 |
| Ogawa, Weeks,<br>Douglas, Palmeter    | 42.81 | 2003 |
| DePeel, Gomez,<br>Lewis, Hogges       | 42.89 | 2008 |
| Murray, Browne-Moore,<br>Jones, Gretz | 43.02 | 2015 |
| Lewis, Matchett,<br>Carter, Hogges    | 43.08 | 2007 |
| Bird, Sizer,<br>Ogawa, Thomas         | 43.36 | 1999 |

### 4x400-METER RELAY

|                                             |         |      |
|---------------------------------------------|---------|------|
| Valdez, Wyatt,<br>Stroup, Thomas            | 3:16.16 | 2018 |
| Ogawa, Weeks,<br>Nelson, Sizer              | 3:17.40 | 2001 |
| Pate, Ramirez,<br>Stroup, Valdez            | 3:21.08 | 2019 |
| Roberson, Matchett,<br>Lewis, Hogges        | 3:21.84 | 2017 |
| Muswieck, Browne-Moore,<br>Raecke, Brattain | 3:21.94 | 2015 |
| Nash, Nakamura,<br>Leighty, Ronnigan        | 3:22.13 | 1998 |
| DePeel, Gomez,<br>Hernandez, Hogges         | 3:22.95 | 2008 |
| Gomez, Jorgenson,<br>Hernandez, Chavolla    | 3:23.90 | 2011 |
| Claybaugh, Wyatt,<br>Pate, Valdez           | 3:23.99 | 2017 |
| Connell, Wyatt,<br>Gretz, Brattain          | 3:24.60 | 2016 |

### 5,000-METER RACE WALK

|              |          |      |
|--------------|----------|------|
| Randy Fox    | 26:46.40 | 2008 |
| Ethan Howard | 27:13.00 | 2008 |

## WOMEN'S ALL-TIME RECORDS

### 4x100-METER RELAY

|                                   |       |      |
|-----------------------------------|-------|------|
| Wood, Von Essen,<br>Young, Paul   | 48.63 | 2017 |
| Haylett, Estes,<br>Jones, Gilbert | 48.64 | 2004 |
| Stolz, Smith,<br>Sticka, Haylett  | 49.04 | 2007 |
| Gilbert, Estes,<br>Jones, Haylett | 49.09 | 2005 |
| Larman, Ash,<br>Nehring, Smith    | 49.39 | 2010 |
| Stolz, Smith,<br>Sticka, Larman   | 49.43 | 2008 |
| Estes, Campbell,<br>Jones, Radke  | 49.47 | 2003 |
| Larman, Ash,<br>Hawkins, Smith    | 49.82 | 2009 |
| Clark, Campbell,<br>Estes, Radke  | 50.09 | 2002 |
| Stolz, Klaja,<br>Sticka, Haylett  | 50.18 | 2006 |

### 4x400-METER RELAY

|                                         |         |      |
|-----------------------------------------|---------|------|
| Lavine, De Castro,<br>Garza, Von Essen  | 3:57.70 | 2019 |
| Gilbert, Sticka,<br>Klaja, Lonien       | 4:00.10 | 2005 |
| Paul, Babbage,<br>Garza, Von Essen      | 4:01.16 | 2017 |
| Smith, Novak,<br>Nehring, Ash           | 4:03.51 | 2010 |
| Sticka, Barrett,<br>Larman, Smith       | 4:04.44 | 2008 |
| Garza, Wood,<br>Keys, Thompson          | 4:04.82 | 2015 |
| Young, Evers,<br>Garza, Von Essen       | 4:05.68 | 2018 |
| Botsford, Matchett,<br>Baldovino, Waugh | 4:06.05 | 2013 |
| Sticka, Ash,<br>Smith, Haylett          | 4:06.08 | 2007 |
| Larman, Nehring,<br>Waugh, Smith        | 4:06.88 | 2011 |

### 5,000-METER RACE WALK

|                  |          |      |
|------------------|----------|------|
| Jacquelyn Graves | 18:52.72 | 2008 |
|------------------|----------|------|

# OREGON TECH TRACK AND FIELD TOP-10 LIST

## MEN'S ALL-TIME RECORDS

### HIGH JUMP

|                  |       |          |      |
|------------------|-------|----------|------|
| Chris Bird       | 2.10m | 6-10 3/4 | 1999 |
| Jeff Bradford    | 2.06m | 6-9      | 1976 |
| Bryant Sentman   | 2.03m | 6-8      | 2009 |
| Pat Ferguson     | 1.99m | 6-6 1/4  | 1997 |
| Matt Ehrenstrom  | 1.96m | 6-5      | 2001 |
| Ryan Vancleave   | 1.96m | 6-5      | 2007 |
| Seth Gretz       | 1.96m | 6-5      | 2018 |
| Dillon Claybaugh | 1.94m | 6-4 1/4  | 2018 |
| Hans Christenson | 1.93m | 6-4      | 2004 |
| Jimmy Drago      | 1.93m | 6-4      | 2002 |
| Cole Lathrop     | 1.93m | 6-4      | 2005 |
| Brian Christie   | 1.93m | 6-4      | 2005 |
| Jguwon Hogges    | 1.93m | 6-4      | 2008 |
| Nate Lewis       | 1.93m | 6-4      | 2008 |
| Lee Hanson       | 1.93m | 6-4      | 2013 |

### POLE VAULT

|                  |        |          |      |
|------------------|--------|----------|------|
| Hunter Drops     | 4.95m  | 16-2 3/4 | 2019 |
| Bryan Quinn      | 4.93m  | 16-1 3/4 | 2004 |
| Seth Gretz       | 4.90m  | 16-0 3/4 | 2017 |
| Jared McGrath    | 4.75m  | 15-7     | 1999 |
| Brady McGrath    | 4.75m  | 15-7     | 1999 |
| Chris Martinez   | 4.70m  | 15-5     | 2023 |
| Eli Stevens      | 4.770m | 15-5     | 2024 |
| Matt Ehrenstrom  | 4.65m  | 15-3     | 2001 |
| Terry Buzzard    | 4.60m  | 15-1     | 1997 |
| Kevin Ellingson  | 4.55m  | 14-11    | 2012 |
| Jackson Stallard | 4.55m  | 14-11    | 2019 |

### LONG JUMP

|                |       |           |      |
|----------------|-------|-----------|------|
| Zuhuri Manley  | 7.12m | 23-4 1/2  | 2018 |
| Keith Lester   | 7.07m | 23-2 1/2  | 2013 |
| Anthony Sizer  | 7.01m | 23-0      | 2001 |
| Seth Gretz     | 6.89m | 22-7 1/4  | 2018 |
| James Reynolds | 6.86m | 22-6      | 1998 |
| Derek Larman   | 6.81m | 22-4      | 2010 |
| Dan Henry      | 6.69m | 21-11 1/2 | 1974 |
| Eli Stevens    | 6.65m | 21-10     | 2024 |
| James Simones  | 6.61m | 21-8 1/4  | 2007 |
| Ryan Vancleave | 6.59m | 21-7 1/2  | 2007 |

## WOMEN'S ALL-TIME RECORDS

### HIGH JUMP

|                 |       |         |      |
|-----------------|-------|---------|------|
| Michelle Klaja  | 1.68m | 5-6     | 2008 |
| Kasey Jones     | 1.65m | 5-5     | 2005 |
| Stacy Lambert   | 1.63m | 5-4     | 2002 |
| Heather Radke   | 1.63m | 5-4     | 2003 |
| Emilee Nehring  | 1.61m | 5-3 1/4 | 2011 |
| Tracy Filley    | 1.60m | 5-3     | 2009 |
| Katey Choukalos | 1.60m | 5-3     | 2013 |
| Jasmine James   | 1.60m | 5-3     | 2018 |
| Veronica Norris | 1.59m | 5-2 1/2 | 2016 |
| Ally Odell      | 1.59m | 5-2 1/2 | 2024 |
| Mikayla Morgan  | 1.58m | 5-2 1/4 | 2008 |

### POLE VAULT

|                    |       |          |      |
|--------------------|-------|----------|------|
| Nishi Chase        | 3.55m | 11-7 3/4 | 2018 |
| Shannelle Cayetano | 3.50m | 11-5 3/4 | 2013 |
| Deveny West        | 3.35m | 11-0     | 2002 |
| Danielle Michael   | 3.20m | 10-6     | 2017 |
| Katie Ingram       | 3.19m | 10-5 1/2 | 2016 |
| Heather Seabold    | 3.05m | 10-0     | 2008 |
| Keisha Causey      | 3.05m | 10-0     | 2005 |
| Abigail Shaw       | 2.95m | 9-8      | 2018 |
| Sarah Hill         | 2.90m | 9-6      | 2000 |
| Jacquelyn Graves   | 2.89m | 9-5 3/4  | 2008 |

### LONG JUMP

|                  |       |          |      |
|------------------|-------|----------|------|
| Amy Sticka       | 5.74m | 18-10    | 2008 |
| Heather Werth    | 5.69m | 18-7 3/4 | 2000 |
| Emily Nehring    | 5.63m | 18-5 1/2 | 2010 |
| Katey Choukalos  | 5.53m | 18-1 3/4 | 2013 |
| Samantha Gilbert | 5.51m | 18-1     | 2004 |
| Heather Radke    | 5.50m | 18-0 1/4 | 2003 |
| Kasey Jones      | 5.41m | 17-9     | 2005 |
| Kelsi Haylett    | 5.41m | 17-9     | 2006 |
| Bobbie Purify    | 5.27m | 17-3 1/4 | 2017 |
| Amber Von Essen  | 5.24m | 17-2 1/4 | 2018 |

# OREGON TECH TRACK AND FIELD TOP-10 LIST

## MEN'S ALL-TIME RECORDS

### TRIPLE JUMP

|                    |        |           |      |
|--------------------|--------|-----------|------|
| Joel Matchett      | 14.63m | 48-0      | 2007 |
| Zuhuri Manley      | 14.40m | 47-3      | 2018 |
| Keth Lester        | 14.23m | 46-8      | 2013 |
| Chris Bird         | 13.98m | 45-10 1/4 | 1999 |
| Chris Teiral       | 13.65m | 44-9 1/2  | 1999 |
| Tim Ingham         | 13.54m | 44-5      | 1998 |
| Chris Toman        | 13.47m | 44-2 1/2  | 1997 |
| Jesse Brewster     | 13.39m | 43-11     | 2010 |
| Aaron Browne-Moore | 13.29m | 43-7 1/4  | 2015 |
| Caleb Buchanan     | 13.25m | 43-5 3/4  | 1997 |

### SHOT PUT

|                 |        |          |      |
|-----------------|--------|----------|------|
| Rich Carter     | 16.10m | 52-10    | 1967 |
| Mike Voight     | 15.44m | 50-7 3/4 | 1996 |
| Brian Wuethrich | 15.24m | 50-0     | 2007 |
| Duke York       | 15.04m | 49-4 1/4 | 2018 |
| Patrick Pfrehm  | 15.03m | 49-4     | 1998 |
| Dennis Lockling | 14.84m | 48-8     | 1998 |
| Chris Squires   | 14.61m | 47-11    | 2002 |
| Nick Bakke      | 14.37m | 47-1 1/2 | 2003 |
| Tim Barnett     | 14.34m | 47-0 3/4 | 2019 |
| Nate Morrical   | 14.11m | 46-3 1/4 | 2005 |

### DISCUS

|                  |        |        |      |
|------------------|--------|--------|------|
| Mike Voight      | 48.26m | 158-4  | 1997 |
| Stan Washington  | 46.31m | 151-11 | 1974 |
| Nate Morrical    | 46.13m | 151-4  | 1972 |
| Kyle Hill        | 45.90m | 150-7  | 2004 |
| Tim Barnett      | 44.90m | 147-4  | 2019 |
| Patrick Pfrehm   | 43.31m | 142-1  | 1998 |
| Bryant Sentman   | 42.85m | 140-7  | 2010 |
| Dominic Meads    | 42.75m | 140-3  | 2017 |
| Montgomery Payne | 42.22m | 138-6  | 2018 |
| Greg Smith       | 42.19m | 138-5  | 1996 |

### HAMMER THROW

|                   |        |        |      |
|-------------------|--------|--------|------|
| Dennis Lockling   | 53.65m | 176-0  | 1999 |
| Kyle Hill         | 50.96m | 167-2  | 2004 |
| Duke York         | 48.60m | 159-5  | 2018 |
| Alexander Turkins | 44.45m | 145-10 | 2018 |
| Montgomery Payne  | 44.07m | 144-7  | 2021 |
| Mike Voight       | 43.69m | 143-4  | 1997 |
| Dominic Meads     | 43.31m | 142-1  | 2017 |
| Hunter Enick      | 42.61m | 139-9  | 2024 |
| Stan Washington   | 42.01m | 137-10 | 1975 |
| Nathan Reed       | 40.85m | 134-0  | 1997 |

## WOMEN'S ALL-TIME RECORDS

### TRIPLE JUMP

|                |        |           |      |
|----------------|--------|-----------|------|
| Amy Sticka     | 12.01m | 39-4 3/4  | 2008 |
| Heather Werth  | 11.61m | 38-1      | 2000 |
| Heather Radke  | 11.48m | 37-7 3/4  | 2002 |
| Kasey Jones    | 11.24m | 36-10 1/2 | 2005 |
| Jasmine James  | 11.13m | 36-6 1/4  | 2018 |
| Emilee Nehring | 10.68m | 35-0 1/2  | 2008 |
| Michelle Klaja | 10.67m | 35-0 1/4  | 2005 |
| Kaela Ash      | 10.58m | 34-8 1/2  | 2010 |
| Ariel Koos     | 10.44m | 34-3      | 2013 |
| Mikayla Morgan | 10.40m | 34-1 1/2  | 2008 |

### SHOT PUT

|                     |        |           |      |
|---------------------|--------|-----------|------|
| Kassi Conditt       | 13.99m | 45-10 3/4 | 2014 |
| Brianne Kenyon      | 13.06m | 42-10 1/4 | 2009 |
| Beth Fuller         | 12.45m | 40-10 1/4 | 2009 |
| Michelle Klaja      | 11.93m | 39-1 3/4  | 2008 |
| Susan Tyree         | 11.74m | 38-6      | 1998 |
| Sabrina Ross        | 11.72m | 38-5 1/2  | 1999 |
| Ally Odell          | 11.40m | 37-4      | 2023 |
| Finausulieti Tuifua | 11.31m | 37-1 1/4  | 2021 |
| Sarah Shelb         | 11.23m | 36-10     | 2010 |
| Kasey Jones         | 11.18m | 36-8      | 2003 |

### DISCUS

|                     |        |        |      |
|---------------------|--------|--------|------|
| Ciena Gregory       | 38.70m | 127-0  | 2024 |
| Becky Schwartz      | 38.20m | 125-4  | 2005 |
| Kassi Conditt       | 37.95m | 124-6  | 2014 |
| Finausulieti Tuifua | 37.57m | 123-3  | 2021 |
| Emily Bitler        | 37.13m | 121-10 | 2023 |
| Carissa Choukalos   | 36.79m | 120-8  | 2017 |
| Brianne Kenyon      | 36.60m | 120-1  | 2008 |
| Sabrina Ross        | 35.53m | 116-7  | 1997 |
| Katrina Collins     | 34.54m | 113-4  | 2003 |
| Jamie Stanford      | 34.45m | 113-0  | 2003 |

### HAMMER THROW

|                     |        |        |      |
|---------------------|--------|--------|------|
| Katie Mull          | 48.45m | 158-11 | 2024 |
| Brianne Kenyon      | 43.21m | 141-9  | 2009 |
| Becky Schwartz      | 41.33m | 135-7  | 2007 |
| Madison Rice        | 40.77m | 133-9  | 2021 |
| Emily Bitler        | 39.81m | 130-7  | 2024 |
| Jessie Robertson    | 39.55m | 129-9  | 2010 |
| Finausulieti Tuifua | 39.14m | 128-5  | 2021 |
| Lianna Brown        | 38.23m | 125-5  | 2002 |
| Carissa Choukalos   | 36.72m | 120-6  | 2019 |
| Beth Fuller         | 36.15m | 118-7  | 2009 |

# OREGON TECH TRACK AND FIELD TOP-10 LIST

## MEN'S ALL-TIME RECORDS

### JAVELIN

|                 |        |           |      |
|-----------------|--------|-----------|------|
| Hunter Drops    | 70.93m | 232-8 1/2 | 2021 |
| Jose Ignacio    | 66.95m | 219-8     | 2024 |
| Nick Bakke      | 63.81m | 209-4     | 2003 |
| Tony Grant      |        | 249-0***  | 1972 |
| Steve Carter    | 63.67m | 209-2     | 2007 |
| Bryant Sentman  | 63.58m | 208-7     | 2011 |
| Brian Mahoney   | 62.08m | 203-8     | 2006 |
| Trevor Lundsten | 61.48m | 201-8 1/4 | 2015 |
| Kyle Gomez      | 61.22m | 200-10    | 2008 |
| Robert Beals    | 60.73m | 199-3     | 1998 |

\*\*\* Pre-1996 IAAF standard javelin

### DECATHLON

|                  |      |      |
|------------------|------|------|
| Bryant Sentman   | 7097 | 2011 |
| Seth Gretz       | 6895 | 2018 |
| Thomas Dodgen    | 6664 | 2022 |
| Hunter Drops     | 6438 | 2021 |
| Matt Ehrenstorm  | 6280 | 2001 |
| Hans Christensen | 6203 | 2006 |
| Daniel Brattain  | 6152 | 2015 |
| Caleb Buchanan   | 6151 | 1998 |
| Eli Stevens      | 6139 | 2023 |
| Nick Best        | 6058 | 2006 |

## WOMEN'S ALL-TIME RECORDS

### JAVELIN

|                   |        |           |      |
|-------------------|--------|-----------|------|
| Joelle Swanson    | 48.16m | 158-0 1/4 | 2015 |
| Alex Conley       | 47.70m | 156-6     | 2019 |
| Sarah Shelb       | 47.50m | 155-10    | 2010 |
| Michelle Klaja    | 46.05m | 151-1     | 2008 |
| Kelsey Stolz      | 46.00m | 150-11    | 2008 |
| Blair Wilkinson   | 42.77m | 140-3 3/4 | 2009 |
| Aarika Brooks     | 42.75m | 140-3     | 2021 |
| Brittan Bratscher | 42.24m | 138-7     | 2023 |
| Kasey Jones       | 42.04m | 137-11    | 2005 |
| Stephanie Jensen  | 41.86m | 137-4     | 2005 |

### HEPTATHLON

|                 |      |      |
|-----------------|------|------|
| Michelle Klaja  | 4710 | 2008 |
| Ally Odell      | 4480 | 2024 |
| Amber Von Essen | 4426 | 2017 |
| Kasey Jones     | 4340 | 2003 |
| Katey Choukalos | 4291 | 2013 |
| Allison Young   | 3650 | 2018 |
| Aarika Brooks   | 3635 | 2021 |
| Bre Burns       | 3540 | 2011 |
| Dani Sundet     | 3487 | 2016 |
| Krystal Lonien  | 3446 | 2006 |